Children’s Challenging Behaviors

A Class for Parents of Children With Mental Health Needs (ages 16 and under)



Saturday

February 1, 2020

**10:00 a.m. - 4:00 p.m.**

**VB Strong Center in Partnership**

**with Sentara Healthcare**

**3388 Princess Anne Rd.**

**Virginia Beach, VA 23456**

e class is taught by trained parents who provide first-hand experience and knowledge. You will receive a comprehensive class manual. Lunch is included! ***Childcare stipends are available***

To register or for more information:

Call Susannah at 757-214-2227 tsuroskie@gmail.com

CLASS is FREE but registration is required



You Will Learn:

* **Typical vs challenging behaviors and how to respond**
* **Who to call for help**
* **Available community resources**
* **The ins and outs of special education and other educational supports**
* **Parenting strategies**

Sponsored By:

**Coastal Virginia**



Developed by NAMI Virginia as part of the Virginia Family Network



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| 291 Independence Blvd., Suite 542 |  | **www.namicoastalvirginia.org** |  | contact@namicoastalvirginia.org |  |
|  |  |  |
| Virginia Beach, VA 23462 |  |  | (757) 499-2041 |  |
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